

TWO RIVERS SOCCER CAMP CLOTHING / EQUIPMENT LIST

Packing for Camp

Everything Brought to Camp Should Have a Name tag on It! Lost and found items, if left behind and properly labeled, will be returned upon notification. We will apply a \$5.00 charge to your credit card plus the shipping fee for all returned items. If your child brings home an item belonging to another, please notify our office.

Parents should help their camper (as age and camper responsibility dictates) to pack; remind your camper that it is “their responsibility” to care for his or her belongings. It is suggested that campers do not bring expensive clothing or things of value that may get lost or damaged. Campers should be able to carry their own duffle bag. We will make every attempt to assist your camper with managing their clothing and other items; however we are not responsible for lost items.

Soccer Equipment

- Goalies need Goalie gloves!
- Soccer cleats (broken in!!!!) No new cleats!
- Shorts for soccer training
- Shin guards
- Socks for soccer training (at least 1 pr. per day)

Lacrosse Equipment

(only if registered for this program)

- 2 Lacrosse Sticks (backup if 1 breaks)
- Cleats (broken in! No new cleats!)
- Helmet w/ mouth guard and chin strap
- Shoulder Pads, Elbow Pads
- Gloves
- Athletic supporter w/ hard cup
- Rib pads (optional)

Soccer Plus / Lifetime Sports

(only if registered for this program)

- Tennis – Proper attire for tennis activity, tennis racket, visor / cap.
- Golf – Proper attire for golf activity, golf clubs (if you have them), visor / cap.
- Horseback Riding – Jeans, shoes w/ heels, visor / cap.
- Hiking-Jeans, good fitting shoes for hiking, visor / cap.
- Fishing pole (if you have one).

Clothing List/General Camp Items

- Underwear, Socks for daytime wear / activities
- T-shirts / tops for casual wear. Two Rivers will supply each camper with two training shirts which will be worn at each training session. It is not necessary to bring soccer training t-shirts. T-shirts as well as all clothing should be “appropriate for a camp.”
- 1 Warm sleeping bag, 1 pillow & pillowcase
- Beach towel, Bath towels, Washcloth
- Flashlight (w/ batteries)
- Laundry bag (for dirty clothing)
- Shorts for afternoon activities
- Jeans for evening activities and / or hiking
- Jacket / sweatshirt for cool weather or evenings
- 1 pr. of tennis shoes for daily activities
- 1 pr. “old” tennis shoes or water shoes for river activities
- Swimsuit (girls one-piece swimsuits)
- Pajamas
- No Flip-flops (for safety reasons)!

The following items are NOT allowed at camp: Cell phones, ipods (or other personal technology items), food and drinks.

Personal Items

- Toothbrush, Hand Lotion, Toothpaste, Shampoo, Soap
- Comb / brush
- Insect repellent, Chapstick, Feminine products, Deodorant, Sun Screen
- Blister pads / Band-Aids

Laundry

Laundry facilities are available to those campers who are staying over for multiple weeks. Counselors will assist their campers with their laundry and “money for laundry” will be taken from their camp store deposit.